THE STYLE COACH[™]

Confidence In Style

27 March 2023

Wardrobe Edit & Refresh

Shopping

14 Questions To Ask Yourself Before You Buy Anything

- 1. Does this item go with anything else in my wardrobe?
- 2. What else do I have to buy to complete the look?
- 3. What are the care instructions for the garment?
- 4. Is this item within my budget?
- 5. Does this item suit my body shape?
- 6. Does the colour bring out my best?
- 7. Does this item reflect my style personality?
- 8. Have I tried it on?
- 9. If I went home without this item would I still be thinking about it tomorrow?
- **10.** Does this item make me feel amazing?
- 11. How many times do I think I will wear it?
- 12. Can I imagine myself wearing this in 5/10 years time?
- 13. Is there resale value in this item?
- 14. Am I willing to cut the tag off right now?

