

# The Style Coach™

## Confidence In Style

13 Dec 2021

### Week 5 Part 1

#### How To Look Taller

- Wear monochrome outfits
- Use asymmetrical hemlines on tops
- use long vertical lines where possible
- wear single breasted coats
- wear scarves draped around the neck rather than wrapped around the neck

#### How To Look Shorter

- Use colours that are high in contrast on the top and bottom half
- use horizontal lines
- wear cropped style trousers

## **Neckline to make the upper half appear smaller**

- Scoop neckline
- Asymmetrical necklines
- V neck
- wide round neck

## **Necklines to make the upper half appear bigger**

- Sweetheart neckline
- polo neck/turtleneck
- crew neck
- collared shirts