

# THE STYLE COACH™

## Confidence In Style

17 Jan 2022

### Week 10: Part 1

### Wardrobe Editing

#### Preparation

- Allocate a day or two consecutive days to edit your wardrobe without interruption
- Prepare different bags for donations/alterations/repair/dry clean etc
- Wear clothes that are easy to change in and out of
- Have a full length mirror handy
- Anticipate challenges and be prepared to deal with them eg 'I don't want to get rid of this dress because I spent so much money on it.'