

THE STYLE COACH™

Confidence In Style

24 Jan 2022

Week 11: Part 1

Shopping

12 Questions To Ask Yourself Before You Buy Anything

1. Does this item go with anything else in my wardrobe?
2. What else do I have to buy to complete the look?
3. What are the care instructions for the garment?
4. Is this item within my budget?
5. Does this item suit my body shape?
6. Does the colour bring out my best?
7. Does this item reflect my style personality?
8. Have I tried it on?
9. If I went home without this item would I still be thinking about it tomorrow?
10. Does this item make me feel amazing?
11. How many times do I think I will wear it?
12. Can I imagine myself wearing this in 5/10 years time?